

NUTRITION & PHYSICAL ACTIVITY TASK FORCE

Meeting Summary

Date	03.07.2024		
Type of Meeting	General Coalition Meeting		
Attendees	Stephanie Riley Stai, Courtney Ivey, Sadie Gastelum		
Recorder	Sadie Gastelum		
TOPIC	DISCUSSION	ACTION or F/U	WHO
UPDATES	<p>Updates: The survey link will remain open for a little longer prior to discussing the results.</p> <p>Upcoming Events:</p> <p>March is National Nutrition Month. Stephanie shared Mono County WIC events that she has been working on. One of which included a collaboration with Mammoth Public Library on February 29th where she held a raffle with a weekly winner based upon educating the community on how children can help parents with cooking in the kitchen. In terms of promotion, Stephanie will also be sharing this event on the Mom's Facebook Page. Stephanie has requested Yoga books and recipe cards from Community Service Solutions.</p> <p>Courtney shared that National Nutrition Day will be celebrated in Inyo County. This event is hosted by Inyo County Public Health, MCAH, and Inyo County WIC and is open to the public.</p> <ul style="list-style-type: none">• March 11th, Lone Pine's Statham Hall there will be snacks, raffles, and giveaways.• March 14th at Bishop City Park there will be a dance party, garden demo, and bingo. <p>Food Waste Prevention, Reduction, and Redistribution were addressed. April is Earth Month and Earth Day is April 20th</p>	<p>Provide yoga books and recipe cards</p>	<p>Courtney Ivey</p>

	<ul style="list-style-type: none"> • April 20th, Bishop Park Earth Day. CFHL will join Mammoth Disposal, Goodent, Community Compost, and other organizations. There will also be School Earth Day Events in Mono County which will be announced soon. <p>Jess Blackwell from High Sierra Energy Foundation will be hosting many events from May 2nd through June 8th of which include;</p> <ul style="list-style-type: none"> • May 2nd, Mammoth Water Treatment Plant Tour • May 10th, Casa Diablo Geothermal Plant Tour • May 11th, Mono County Sustainability Fair • May 18th, Pollinator Garden Workshop • May 29th, Wildfire and Air Quality Workshop • June 1st, Bishop Creek Hydroelectric Dam Tour • June 8th, Health Forests Firewise Community Workshop <p>Please see comments below for the full schedule and stay tuned for the official flyer.</p>	<p>blackwell@highsier raenergy.org</p>	<p>Jess Blackwell</p>
<p>NEW BUSINESS</p>	<p>Opportunities to collaborate include the new SB1383 Programs in Inyo which include the Community Composting Project at Bishop Park, Psalm 8 which is a Worm Farm located in the Bishop United Methodist Church, and Goodent which is an educational nonprofit that creates upcycled art. There have been discussions of a Health Fair in Mono County by other agencies this year. NPAT is probing NPAT partner interest.</p>	<p>Please see the included attachments for more details.</p>	<p>Courtney Ivey</p>

<p>ROUNDTABLE</p>	<p>Stephanie Riley Stai (Mono WIC) - Recently WIC has acquired many new clients and they are very busy at this time. Stephanie will be hosting the NPAT meeting for May.</p> <p>Dustin Blakey, UC ANR, not present, shared his updates prior to the meeting - UC has hired a Youth, Families, and Nutrition Advisor based in Bakersfield who will also have responsibilities in Inyo and Mono. She starts April 1. She will have oversight of Kern's EFNEP and UC CalFresh programs. In the past they've sometimes had program reps that do work up here. When that happens we have to do some coordination, but I don't expect anything for a while if that ever gets going again so no worries. It's an academic position so she is eligible to get grants. Her background is mostly nutrition and health, but she has a lot of experience with doing remote interventions via Zoom in her past position with Virginia Cooperative Extension. She'll be coordinating with us with 4-H work. Our expectation would be support(ideally funded) for school enrichment or interventions related to healthy living. Our 4-H program is currently lacking that. If you have ideas for how that might work out or see unmet gaps in service, please share them with me and I'll forward to her after she starts. As part of her onboarding, she will be conducting a needs assessment. If you're interested in informing her about your programs and needs, I can also share that with her.</p>	<p>srileystai@mono.ca.gov</p> <p>dwblakey@ucanr.edu</p>	<p>Stephanie Riley Stai</p> <p>Dustin Blakey</p>

	<p>Jenna McCarthy and Samara Moschiano (CFHL) - Overview; Bishop Elementary and Mammoth Elementary Nutrition Lessons and Taste Tests, Mammoth Middle School CATCH Lesson, Lee Vining Kindergarten Roundups</p> <p>Courtney Ivey (CFHL) - ParkRx Alpine County planning for the April 27th launch as well as a site visit. North Mono sites 04/25, Mammoth Lakes sites and partners 04/29.</p> <p>Sadie Gastelum (CFHL) - Potential Small Bites Lesson at Bridgeport Elementary School, Food Smarts Lessons at Walker Wellness Center and Hung-A-Lel-Ti Community, CATCH training observation, and ParkRx Event Support</p>		

Adjourn Next NPAT meeting 05/02/2024 at 10AM

High Sierra Energy Foundation

Mono County Sustainability Programming

Tour: Mammoth's Wastewater Treatment Plant*

**Thursday, May 2
12:30 PM**

1315 Meridian Blvd, Mammoth Lakes, CA 93546

****Advanced registration required***

Tour: Casa Diablo Geothermal Plant*

Friday, May 10

Time TBD

Meet at Mammoth Lakes Branch Library: 400 Sierra Park Rd

****Advanced registration required***

Mono County Sustainability Fair

Saturday, May 11

10am - 3pm

Mammoth Lakes Branch Library: 400 Sierra Park Rd

Workshop: Pollinator Garden Workshop

Saturday, May 18

10-11:30am

Bridgeport Library: 94 North School Street

Workshop: Reducing Exposure to Wildfire Smoke and Air Quality Impacts

Wednesday, May 29

6pm-7pm

Mammoth Lakes Branch Library: 400 Sierra Park Rd

Tour: Bishop Creek Hydroelectric Dam*

Saturday, June 1

10:30am-12pm

Bishop Creek Plant 4

****Advanced registration required***

Workshop: Moving Toward Healthy Forests and Firewise Communities*

Saturday, June 8

10am-12:30pm

E-Bike Tour: Meet at Footloose Sports in Mammoth

****Advanced registration required***